#### **Students & Families**

## You are invited to attend the

**FAMILIES THAT CARE:** 

# Parenting Sessions

Sponsored by the Surry county Department of Youth & Family Resources and The 21<sup>st</sup> Century Community Learning Center at Luther Porter Jackson Middle School.

# Adults and Youth will Learn New Skills to Improve Relationships and Make Healthier Choices!

When: Tuesday, January 26, 2021

Tuesday, February 23, 2021 Tuesday, March 23, 2021

Tuesday, April 27, 2021

Tuesday, May 5, 2021 (1st Tuesday)

Tuesday, May 25,2021

Where: Virtual Platform will be Provided!

Time: 6:00p.m.-8:00pm.

Parents/Guardians/Grandparents

"Plan to Join virtually to enjoy these Informative, Fun and Interactive Sessions!



### **Topics:**

- Family Systems
- Communication
- Dealing with Anger
- Building and Nurturing Self Esteem
- Discipline Techniques
- Dealing with Stress & more
- Guest Facilitator: Dr. Terrence Allen of Destiny Services, Inc. of Petersburg, VA.
- Special activities are planned for youth ages 9-14. Points & Prizes will be given to students for good participation.
- Gift card drawings will be held during each session. There will be a \$50 GRAND PRIZE drawing for parents that attend ALL of the sessions. Past participants are encouraged to attend again!

To Pre- Register, return the form below to the Principal's Office at L.P. Jackson Middle school or in the drop box at the Department of Youth and Family Resources by Wednesday, January 19, 2021.

Questions: Call DYFR @ 757-605-8414 or School @757-267-2810. You may also email all responses to glyttle@surrycountyva.gov or Idstone@surrycountyva.gov to pre-register.

Funds provided by Surry County and LPJMS 21st Century Community Learning Center.

Pre	e-Registration Form – Pleas	se Fill out ALL Info	ormation				
Today's Date:							
Parent/Guardian's Name (s):							_
Mailing Address:							_
Best Contact Phone#:	E	Email Address					_
		Mandatory					
Name of Student:				G	irade:		_
Does your child participate in the 21s	Century Community Lear	ning Program at I	L.P.J. Mid	dle Schoo	ol? Circle	one: Yes	No
List the ages of ALL of the youth who		~ ~					
,	Age of each child: a.)	•	d.)	e.)	f.)	g.)	
Do we have permission to take pictur							
Revised 1-11-21	,	•	•	• •	Circle	e Oner Ves	No